



Beths Grammar School

an 11 – 18 selective school with academy status

Headteacher: Mr R J Blyghton

28th September 2023

Dear Parents/Carers,

I am writing to inform you about the purpose of directed study sessions.

The transition from Year 11 to Year 12 can be challenging as students adjust from having lessons all day, every day, to periods of time during the day with no allocated lessons. Directed study sessions support Year 12 students in making that transition. These sessions are not 'free periods,' they are sessions where students are directed to study.

Students have been informed about how to prepare for these sessions and how best to use the time. We encourage students to use the sessions to:

- Transform learnt content into a different format, for example mind maps, summarised notes or flashcards.
- Retrieve information from memory (active recall), this can be done using several different strategies including completing exam questions, completing quizzes, using flashcards, and/or writing what they remember about a topic and then using resources to develop their understanding of content they had forgotten, sometimes referred to as 'blurting.'

Mobile phones are not permitted during these sessions, however, they can use laptops and/or tablets. Students can borrow a school laptop if they do not have their own.

Students are allocated compulsory directed study during periods 1 and 2. Directed study during period 3 is optional.

We hope that these sessions will support your children in making excellent academic progress and transitioning effectively to A Level. If you have any questions, please do not hesitate to contact the sixth form team.

Yours Faithfully,

Ms I Adeoye
Assistant Headteacher

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