

Beths PE Newsletter

Wednesday 30th November

1st XI v Wilmington Grammar Score (league)

Beths win 3-1



Today saw us take on Wilmington for the second week running in the league. Last week we had emerged 5-3 winners after a good team performance and knew that we would all have to be at our best to get another result. The league table was looking good with Beths top and clear by 3 points with a game in hand as well so we knew another three points today would get us that one step closer to winning the league.

The game started slowly with neither team creating many clear-cut opportunities in the first half and both sets of defence looking solid and hard to break down. We weren't at our best and hadn't got into our normal rhythm of passing, keeping the ball and trying to work an opening and found ourselves going into the half time break at 0-0.

With some wise words of encouragement from Mr Webb, we started the second half much stronger and created a couple of good chances. However, around the 55th minute we found ourselves 1-0 down courtesy to a bullet header from a long throw. We knew this was a game we couldn't lose and kept battling away and shortly after Arinze latched onto a long ball over the top and fired it past the keeper to make it 1-1 and we were back in the game. Searching for the winner, Beths pushed on and were awarded a penalty after Jack was fouled in the box. Dapo stepped up and calmly slotted it into the bottom corner, in off the post to make it 2-1. We had made the comeback and were still hungry for more goals and were rewarded when Adam rolled one in off his left foot in the dying minutes to make it 3-1 and finish the game.

A massive three points for the Beths XI which keeps us top of the table and in a very good position.

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Written by Jack B



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Thursday 1st December



Year 8B v Bishop Challoner (Kent Cup semi-final)

Beths win 5-0

Today was a great performance by the Beth's B team, in today's semi-finals we started off a 1st half where we played quite good football but just couldn't put the ball in the back of the net having 4-5 chances. At half time however we had discussed efficiently on what we need to do and how certain players should move to receive the ball in a more threatening position. In the second half we dominated with Leo scoring the first goal by a goal keeper mistake. It was then followed by tio who I believe attempted a cross but it went in the goal. After these goals we found our rhythm and played football the Beth's way Leo and tio got another goal, also Marvellous got a goal from a good pass from tio. The midfield was solid with me defending and winning the ball and playing through balls giving the attackers chances to score. The defence was very solid and Luca only had to make one save. The opposition rarely got it in our box. I got man of the match and overall was a brilliant performance from beths. Soon to bring it home!

Written by Divine R



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Friday 2nd December

Year 9B v Kingsdale (National Cup)

Beths lost 7-1



The year 9B Team came up against a strong Kingsdale side in the National Cup. The boys started well, and despite going down 1-0 early on, they showed a great attitude and determination. As a result, they managed to get a goal back with a good finish from Sherif A. However, as the game progressed Kingsdale showed their dominance as they responded well scoring 2 quick goals. It was 3-1 at half time, but there was a belief that Beths could come back into the game.

Unfortunately this was not the case, and Kingsdale grew in confidence and went on to secure the win with another 4 goals in the second half. A good effort from the boys, against a team who undoubtedly will compete for the title.

Written by Mr Webb



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Monday 5th December

Year 9A v Stone Lodge

Final score 4 - 4 (North Kent Cup)



This was a very intense games between the Year 9 A team of both schools with lots of chances for both teams, many of which were taken. While a few of our players were missing, many stepped up to the job and helped to get us through the game such as Tom Gibson who was drafted in just before the warm up. A couple of mistakes were made by both sides which led to goals as was the story throughout the game. However both goalkeepers pulled off some outstanding saves catching the attackers by surprise as their shots were blocked by the two players between each of the sticks. Unfortunately we could only manage a draw after we were awarded a penalty in the last few minutes due to a defender making a goalkeeper save to stop hat-trick hero Raynon Richman's beautiful shot, who scored the penalty. The game finished 4-4.

This meant that penalties were the decider...

After a great first penalty save from Will Caller our striker Raynon did not manage to get his shot on target, Goal scorer Harvey Oluwaji however did manage to net his effort - when a lucky bounce saw the ball trickle into the net - which did not happen when Bradley Shepherd stepped up to the spot. Finally Daniel Francis struck his shot into the top left corner but sadly it was not enough to get us the extra point.

Written by Daniel F 9H



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Year 8A v Welling School (North Kent Cup)

Beths win 4-0

Today's performance by the Beths A team was an excellent one. We pressed the opposition well and didn't really let them out of their own half. Our first goal came from Jayden dribbling the ball and taking a good shot, which was saved by the goalkeeper. However Erik was there to tap the ball home. What a great start from Beths! The second goal came from Jayden dribbling down the right wing, crossing it in for Ethan D to lob it over the keeper. Half time came not so long after. During half time Mr Rushbrook decided switch things up, putting people in different positions. After half time we started quick and Jayden (again) set the ball to Dilan, from far out he shot and he managed to get it over the goalkeeper for our third goal. The final goal that we scored came from Jayden, cutting inside and slotting the ball into the bottom right corner. It was a good performance from the team and a bright start to the North Kent cup.

Written by Ethan D



Tuesday 6th December



Year 8 Basketball v Ravens Wood (Kent Cup)

Beths win 43 - 18

During the beginning of the match we started out strong by reaching double digits before the opposition could score a single point. We had possession for most of the time and really took control of the match. However, during the 2nd and 3rd quarter, our opponents managed to slide in a few buckets due to some minor mistakes on our side. Given that they were a bigger team, we had the upper hand because of our forward thinking and hard work. In the end, we came out victorious and overall controlled the entire game.

Fegor A 8B



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Wednesday 7th December



U18 Basketball (National Cup)

Beths won 54 - 53

There are five minutes left of the 4th quarter, and Beths is making a comeback. Mo, Daniel, Zion, Axel and I were on the court, and the defensive intensity was rising. Mo had just gotten another steal and pushed the ball up the court, but with nobody around to assist him, he took the initiative to slow the offence down. Zion then got an easy two inside, and we took the lead by one. The opposite team had no choice but to call a timeout after conceding a 12-point lead. During the timeout, I took the time to address each player individually and ensured we were all on the same page, knowing that these following possessions were vital. We didn't let the fact that we were now in the lead get to our heads. Instead, you could feel the passion in the group huddle as we all depended on each other like family.

A few possessions after coming out of the timeout, I realised the other team's strategy and anticipated the incoming pass by their stretch big. Realising we were now up three, I slowed the ball down and decided to run the play, which led to an easy bucket for Daniel. But the other team were relentless, and the lead changed five times within 2 minutes, with them being up 53-52 with just one minute left.

The shot goes up. Daniel fights for the rebound. He claims it. Composed with a level head, he dribbled down the court, weaving through many defenders and finishing strong with his dominant hand. The team was now up on their feet, but nerves didn't get the best of me. I knew I had to live up to the moment and put on for the team knowing what this win would mean to them.

The opposition still hadn't given up and inbounded the ball to restart their offence. But in doing so, they failed to realise that Axel, Mo and myself had devised a strategy whilst in the timeout specifically for this play. Mo pressed the first guard forcing him to make a regrettable and weak pass to his teammate. This pass forced him off balance to catch it, allowing Axel and me to press up on him. Unfortunately, he was able to get another pass off, but I recovered and made the deflection, which led to the ball falling into the hands of Axel.

But Axel lost control and attempted a spin move in our half to escape three

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surrounding opponents. The ball slipped, and Westcliff retrieved it. In a panic, he sprinted back and fouled the opposition unprovoked.

7.9 seconds left.

West Cliff's number 4 steps up to the free-throw line. He takes the first shot, and it's off. Second shot is up. I scream rebound, but the ball goes long; I barge off the opposing player and claim the ball, holding onto it for dear life. They try to foul, but it's too late.

The horn blows, final score 54-53 Beth's.

Written by Bradley Aro-Eneh



2nd XI won 10 v Christ the King (league)

We started the game by pressuring high and making lots of chances and being rewarded with a goal to give us an early 1-0 lead. We continued to create chances and later in the half scored again to make it 2-0 at half time. Then in the second half we started to play more aggressively and scored to make it 3-0 in the first few minutes of the second half. Constant pressure throughout the half led to us scoring another 7 goals without facing a shot on target which led to Beth's winning 10-0 including 2 players getting hat tricks.

Written by Luke H

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1st XI won 5 – 0 v Bexley Grammar (league)

On Wednesday the 7th December we faced up against a strong Bexley grammar side. We had a depleted squad and so needed a help from a few year 11 boys. we were sat top of the league and coming off the back of 2 very convincing wins against Wilmington and so confidence was high. we started the game off strong with some good passing moves which lead to the opener from Dapo after a good move. We kept this up and went into half time 3-0 up and dominating. We started the second half in the same way with good combinations bringing us 2 more goals including a stunner from Jack cutting in from the right and curling it into the top right corner. The game ended 5-0 to Beths with Dapo securing his hatrick with a dominant performance in the midfield. With this win we extend our lead at the top of the table and are in a good place to win the league for the second time in a row.

Written by Adam W



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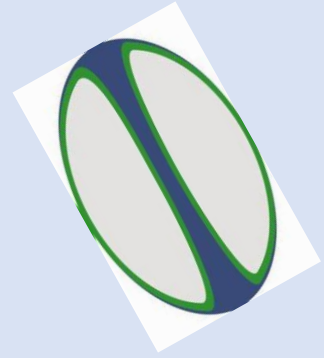
Football Team of the Term



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Well done to Ethan B, Timi P and James B in Year 9 who took part in the second round of the Saracens Developing Player Programme on Tuesday!



Have a great Christmas everyone, from the PE Department.

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