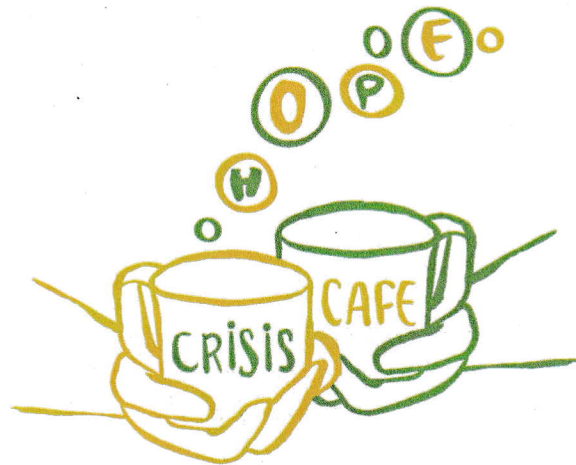


Bexley Crisis Café



The Bexley Crisis Café is a safe and friendly place that you can come to if you are experiencing severe emotional or psychological distress. It is a place to meet others with similar problems and to access mental health support and advice from mental health workers. We are open outside of usual mental health service hours.

What can you expect?

Our aim is:

- To help you stay well at home
- Provide you with information that may be useful
 - Help you feel less isolated
- Provide support to learn from a crisis

Where can you find us?

We are open from 6 pm to 10 pm from Monday to Sunday including Bank Holidays.

Mind in Bexley

2a Devonshire Road, Bexleyheath, DA6 8DS

Transport routes:

Buses: B11, B12, B14, B15, B16, 89, 96, 422, 486

Rail: Bexleyheath Overground (10 minute walk)

