



## Beths Wellbeing Award for Schools (WAS)



12 December 2019

Dear Students, Parents, Carers and Staff

### ***Wellbeing at Beths***

As we have recently finished our third annual Wellbeing Week, this seems like a good time to unveil our new wellbeing initiatives. Beths are committed to achieving and maintaining high levels of wellbeing in our whole school community and this is evidenced by us working towards a Wellbeing Award for Schools.

In June 2019 we surveyed students, staff and parents/carers and, after reviewing all the feedback we received, have now prepared a strategy to address the gaps that were identified in our wellbeing provision.

The most salient features of this strategy are:

- a new Wellbeing section on our website with separate pages for students, parents/carers and staff containing information and links to further support
- new flow charts showing students/parents/carers/staff how to access wellbeing support for themselves and others
- more visible wellbeing support/information and the appointment of Wellbeing Champions from the whole school community
- annual assessment of all students and staff wellbeing with appropriate interventions offered
- a new Emotional Wellbeing and Mental Health Policy
- a new Counselling Policy
- the introduction of 4 new annual awards for each of our core values (Excellence, Community, Respect and Nurture)
- Internal appraisal procedures to be reviewed and extra staff training introduced to enhance wellbeing support and awareness for all staff.

The strategy, flow charts and new policies can be read in full on the new wellbeing pages of our website. Please take some time to have a look at this new resource and, should you have any questions or comments, do not hesitate to contact the Wellbeing Team via the main school email address: [admin@beths.bexley.sch.uk](mailto:admin@beths.bexley.sch.uk).

Yours faithfully

*RJBlyghton*

**Mr R J Blyghton**  
**Headteacher**