

Excellence - Community - Respect - Nurture

# Week Ending Friday 6 December 2019

#### **Beths Christmas Concert**

We were delighted to welcome everyone along to our Christmas Concert on Wednesday.

Our visitors were treated to a packed programme of musical delights from soloists, the orchestra, our Jazz band, the Beths Band, our Violin Club and much more.

Our talented musicians performed many Christmas numbers, along with some well known classic favourites and we hope it got everyone in the mood for the festive season.

Well done to you all.



#### **Christmas Fair - Saturday 7 December 2019**

Tomorrow is the big day! We hope you are able to join us. We have over 45 independent stalls, from jewellery, bakery items, clothing, art, Christmas cards, beauty and skincare products and wonderful handmade gifts that would be perfect to give as a gift! Nela's Kitchen will be providing Indian Street Food and we have The Pretty Little Tea Company bringing their horsebox to supply teas, coffees, prosecco, mulled wine and their fabulous Baileys Hot Chocolate!

The Prom Committee will be around to throw wet sponges at, as well as selling mince pies and yule logs! Our MCC room will be turned into a lovely warm seating area, showing Chrismtas Films whilst you sit and eat some lovely slices of cake or a hot samosa!

Santa will be around in his grotto to see all the good boys and girls, who may even get an early Christmas present! As part of the cost to see Santa, and whilst they are waiting to see him, the notorious Mr Hayman and his Art students, will be doing some Festive Face Painting.

The PA have three stalls full of great games to win prizes helping eveyone get into the Christmas spirit whilst raising money for the school!

Our fabulous stall holders, staff and parents have provided some wonderful gifts for our raffle – Beau Brides have even donated an evening dress which will be showcased tomorrow and raffled for just £5.00 a ticket! Cheeks of Bexley have donated a white shirt and black bow tie, which again will be raffled for only £5.00 a ticket!

We would like to thank everyone in advance for their help and support with this fair and we hope this is a successful event!



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#### **Students on Site**

We know that students love to spend as much time as they possibly can here at Beths Grammar. However, please can we remind parents and carers again that the school actually opens to students from 8.00am in the morning and, unless there are any pre-arranged activities, students should have left the site by 5.00pm. Even though there may be staff on site at these times, they are there to either prepare the school for the start of the day, or remain on site to deal with evening lettings.

When students are on site before or after they should be, we are unable to ensure their safety especially as our qualified first aiders are in school between the hours of 8.00am and 4.30pm only. This request is being made as we are unable to supervise students outside of these times and we can therefore take no responsibility for them, should they be involved in any form of accident.

#### **The Third Annual Wellbeing Week at Beths**

Last week, week beginning 25 November 2019, saw us celebrate our 3<sup>rd</sup> annual Wellbeing Week!

Not only is wellbeing important in its own right, but higher levels of wellbeing are associated with greater academic attainment so it is important for schools to do all they can to improve their pupils' wellbeing. At Beths, we place our pupils' wellbeing at the heart of our ethos and our 3<sup>rd</sup> Annual Wellbeing Week is evidence of that.

During the week there were assemblies, form time activities and lunchtime events all designed to educate our pupils on what good emotional wellbeing looks like and how it can be achieved. At Beths we promote the New Economics Foundation's 5 Ways to Wellbeing, which are a set of five evidence based daily tasks aimed at improving emotional wellbeing and mental health. Therefore, similar to the five a day fruit and vegetable message we have for our physical health, the following five things can be done every day to improve and maintain our mental health:











TALK & LISTEN, BE THERE, FEEL CONNECTED

DO WHAT YOU CAN, ENJOY WHAT YOU DO, MOVE YOUR MOOD REMEMBER THE SIMPLE THINGS THAT GIVE YOU JOY

EMBRACE NEW EXPERIENCES, SEE OPPORTUNITIES, SURPRISE YOURSELF Your time, your words, your presence

One of the form time activities saw Years 7, 8 and 9 recalling and recording their favourite memories, which we made into bunting and hung around the old lobby and some form rooms. Not only do we all feel good remembering our favourite memories but recent research has identified recalling positive memories and happy life experiences during adolescence may help teens fortify their resilience and reduce the risk of depression later in life. Here are some of our younger pupils displaying their favourite memories. What is your favourite memory?









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#### **Admission Videos**

We are delighted to confirm that we have now uploaded our brand new videos onto our website. These were taken at the beginning of term to show to potential new students, in Year 6 and Year 11. We would like to thank all the staff who assisted with this project and a special thank you to all the starring students!

The links to these videos can be found below:

https://www.beths.bexley.sch.uk/page/?title=Year+7+Admissions&pid=37 https://www.beths.bexley.sch.uk/page/?title=Year+12+Admissions&pid=38

#### <u>Last Day Of Term – Friday 13 December - Xmas Jumper day for Bexley and Greenwich Hospice</u>

After the success of last year's Christmas jumper day, this year we will be wearing our jumpers again on Friday 13 December. Monies raised will be going to Bexley and Greenwich Hospice and towards Beths Big Build – a programme of reconfiguration, refurbishment and renovation of the school.

Jumpers should be worn with school uniform and, if your son or daughter would prefer not to be involved, please ask them to just wear normal uniform on the day.

Our Year 7-9 students will be spending Periods 3 and 4 at Christchurch in Bexleyheath and will be dismissed from there by 12.30pm. Christchurch is based in the centre of Bexleyheath – just down from Asda and there are plenty of buses in and around the area that should allow your son to make his way home easily.

Year 10-13 students will be in school for the morning and they will be in normal lessons.









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We return to school on Monday 6 January 2020 and we hope that your son or daughter will return to school refreshed after a very welcome three week break.

#### STUDENT CORNER

The Arkwright Scholarship is an amazing experience that helped me find a variety of opportunities in the engineering industry. After successfully completing an initial application, exam and interview I got invited to an awards ceremony where I got to meet with my sponsor and other scholars. The scholarship allocated me a personal engineering mentor .He gave me a clear insight to what the engineering industry is like, what engineering discipline I should chose and general life advice for the future. Arkwright also gave me access to events like career fairs , residentials and factory visits which were only available to Arkwright scholars .These Arkwright events helped me network to get contacts from people who work at famous engineering companies . The 300 pound financial reward proved to be more than useful at A-level as it allowed me to buy one of the more expensive calculators that provide a lot of utility for A-level maths. Overall, the Arkwright scholarship provided opportunities that gave me an edge over other candidate when applying to several universities. - Nithila P

#### A Review Of 7A'S Assembly by Jamie W

When the message was given to all of Year 7 that each House was to run an assembly in form time the next day was manic! Everyone was discussing what they could possibly do to impress the teachers and their peers. Ms Amin then released a statement saying that the assembly order would be alphabetical, people in Abbey and Brampton were then put on the spot to think of what to do in just a few weeks whilst Houses like Wickham could sit back for a while with ages to plan their assembly.

Mr Reason gave the role of assembly planners to two Abbey Year 7's, he eventually chose Louis C and myself. We were then put under a lot of pressure to think of a topic to discuss, after a lot of debate the topic was agreed to be Fireworks Night as the actual night was only two days away. A PowerPoint was made with the work split between the two planners and after a few days the two different PowerPoints were merged to create a very interesting PowerPoint.

Rehearsals were frequent occurring at break times regularly and then a full dress rehearsal was performed to the rest of the class at form time and when they received feedback from our peers, they made the final adjustments and then, we were ready to perform it to the rest of Year 7.

We walked in and set up with only a few nervous shudders but then disaster struck, a last-minute change of the slides wreaked havoc for the readers, but we got on ok. Apart from that the assembly got on without a hitch. Imagine the readers surprise when Ms Amin came over congratulated them and told them if they were ready to perform to the Year 8's the next day!

The replies to that ranged, a few were actually happy that they would get to do it again but as for the other people their replies went something like this, "WHAT! YOU NEVER TOLD US!" or something like that. But they got over the shock fairly quickly and agreed to do it again the next day.

This time, the slide order was fixed and the assembly again was very interesting and informative and Mr Reason gave out commendations to everyone who was involved. Brampton's assembly soon followed but you'll have to read their review to find out the details. Cray, Eardley, Hurst and Wickham have yet to do their assembly's.

**GO ABBEY** 









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#### My visit to The Science Museum - Fahim B 8H

Last weekend, I went to visit the Science Museum, in South Kensington. The exhibitions there were extremely interesting and furthered my knowledge in various fields such as climate change, electricity and the world around. I even went to some limited time exhibits to do with cybersecurity and innovation.

When I got to the museum, the first thing I did while there was view various forms of technology change over time such as the steam train gradually change into our modern diesel and electric trains. My favourite exhibit was the cybersecurity exhibit as I was able to see the methods spies used to send messages as well as the ways to intercept them, there was even information on a spy ring smuggling classified documents from London to Moscow during the 1960s. Also, it was an eye opener for me as I saw how much information we leak online and all the personal information that can be accessed should a data breach occur.

The interactive exhibits were extraordinary as one could do various actions to achieve a goal such as protect the earth from global warming, and build the first mobile network in Great Britain.

Overall, one can clearly see that the science museum provides many educational expertunities for the

Overall, one can clearly see that the science museum provides many educational opportunities for the young and old alike. I highly recommend visiting in the future for there will be more interesting exhibits in the years to come, to further one's knowledge of science and the world.

#### PARENTS ASSOCIATION

Are you hoping to find some Black Friday bargains this weekend?

Remember you can donate money to the Beths PA without it costing a penny. There are two great ways to help...

EASYFUNDRAISING Collect free donations when you shop online with thousands of retailers.

Find out more and sign up at easyfundraising.org.uk/bethspa

AMAZON SMILE Go to smile.amazon.co.uk and search for Beths Parents Association.

Amazon will donate 0.5% of the net price of all your purchases.



If you want Amazon to donate to Beths Parents Association, you need to start each shopping session at the URL <a href="mailto:smile.amazon.co.uk">smile.amazon.co.uk</a>, and we will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible purchases.

AmazonSmile: You shop. Amazon gives. smile.amazon.co.uk

Any questions, please email <a href="mailto:beths.parents.association@gmail.com">beths.parents.association@gmail.com</a>

#### **HAPPY SHOPPING!**









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#### **Emailing the School**

Should you need to email the school with items/concerns of a more 'senstive' nature, please email <a href="https://headspa@beths.bexley.sch.uk">headspa@beths.bexley.sch.uk</a> rather than the generic admin email address.

#### **Results**

FOOTBALL						
02.12.2019	ESFA Schools Cup B Team (Round Three)	U15B v Winston Churchill Collegiate	Home	Won 5-2		
	N Kent Schools	U14A v Cleeve Park	Away	Won 7-2		
03.12.2019	N Kent Knockout Comp	U16 v St Paul's	Home	Won 3-2		
04.12.2019	N Kent Premier League	1 <sup>st</sup> XI v Christ the King	Away	Cancelled		
RUGBY						
30.11.2019	Friendly	U14 v Robert Clack	Away	Won 77-0		









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	Friendly	U13 v Robert Clack	Home	Lost 45-25	
	Friendly	U12A v Robert Clack	Home	Lost 30-40	
	Friendly	U12B v Robert Clack	Home	Lost 5-30	
03.12.2019	Friendly	U12 v Bexley GS	Home	Won 35-30	
04.12.2019	Friendly	1st XV v Simon Langton	Home	Won 49-7	
07.12.2019	Friendly	U14 v Simon Langton	Away	TBA	
	Friendly	U12A v Simon Langton	Home	ТВА	
	Friendly	U12B v Simon Langton	Home	ТВА	
BASKETBALL					
05.12.2019	Friendly	U18 v Thomas Tallis	Home	Won 68-63	
	Jnr NBA Tournament	U12 v Northfleet	Away		
	Jnr NBA	U12 v WGSB	Away		
	National	U16 v Canterbury	Home	Postponed	
VOLLEYBALL					
03.12.2019	Friendly	U13 v Bexleyheath Academy	Home	Lost	
	Competition	U15 v Bexleyheath Academy	Home	Won 2-1	

#### **Fixtures**

FOOTBALL					
10.12.2019	N Kent Schools	U13 v Cleeve Park	Away		
11.12.2019	KSFA U19 White Cup (Round 3)	1 <sup>st</sup> XI v Dover Grammar School	Away		
	KSFA U19 2 <sup>nd</sup> XI Cup (Round 2)	2 <sup>nd</sup> XI v Hayes School	Away		
12.12.2019	KSFA Portex Trophy (Round 4)	U15 v Thomas Tallis	Home		
BASKETBALL					
09.12.2019	Kent BB	U17 v Northfleet	Away		









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	Basketball England	U14 v Bohunt School	Home
10.12.2019	Kent BE	U16 v Canterbury	Home
12.12.2019	Kent BE	U16 v Bexley	Home

#### **Up and Coming Events**

7 December 10.00-14.00 Beths Christmas Fair 10 December Year 8 Student Council Meeting

PA Meeting in the Conference Room

11 December Year 11 Russell Group Universities Evening

13 December Last Day of Term

Carol Service for KS3 Students at Christchurch, Bexleyheath

#### Thinking of our neighbours and our local community

Please can we remind parents, students and staff to continue to be respectful of our neighbours and not to park across their driveways. The safety of our students continues to be our utmost priority and so we also ask that, if you are dropping off or collecting your son or daughter, you abide by the road markings and refrain from parking on zig-zags or double yellow lines.

We are aware that some parents drop students in the morning on the roundabout at the top of Bourne Road – close to Dartfordians. This is extremely dangerous - not just for other road users - but also for the students themselves. We would urge you to find a safe place to drop them off for school.

Finally, we continue to remind students to take care when queuing for buses after the school day and would ask if you could also remind your son or daughter, that would be very helpful.





