

# Beths Grammar School

Excellence - Community - Respect - Nurture

# Week Ending Friday 22 November 2019

#### Wellbeing Week 2019 - Five platforms to build happiness

Next week we will be holding a Wellbeing Week. The purpose of this is to highlight the importance of strong mental health, resilience and overall happiness. The focus of Wellbeing will be teaching students about the 'Five Ways to Well-Being' and embedding them within our community here at Beths. Below is an idea of what will be going on around the school throughout the week:

Monday 25 November

• KS4 Assembly: 6<sup>th</sup> Form students explain Five Ways to Wellbeing

Tuesday 26 November

- Turn it off Tuesday 24 hours without using mobile phones
- Board games and cards in C4 and C5

#### Wednesday 27 November

• KS3 Assembly: 6<sup>th</sup> form students explain Five Ways to Wellbeing

Thursday 28 November

• KS5 Assembly (1): 6<sup>th</sup> form students explain Five Ways to Wellbeing

Friday 29 November

- KS5 Assembly (2): 6<sup>th</sup> form students explain Five Ways to Wellbeing
- Entries close for photography competition

### **Connect** · **Be Active** · **Take Notice** · **Enjoy Learning** · **Give to Others**

#### House Rugby

The house rugby finals will take place over the next two weeks.

Year 8 finals – Tuesday 26 November Year 9 finals – Thursday 28 November Year 7 A final - Tuesday 3 December Year 7 B final – Thursday 5 December

Good Luck everyone!!

#### Ex-Head Boy Visit

We were delighted to welcome back one of our ex-Head Boys, Gwyn Bowen, on Tuesday to help some of our prospective Medical students with their MMIs (Multiple Mini Interviews), who have been called to interview over the coming week at medical schools around the country. Gwyn, of course, is currently a second year Medic studying at Queen Mary University of London.

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#### Christmas Fair - Saturday 7 December 2019



Beau Brides in Bexley Village have very kindly donated this dress for our raffle. This is a gorgeous dress that can be worn for many different occasions, including the upcoming school prom! The dress is size 14 and can be altered, in a lovely charcoal grey colour. We will be raffling this dress separately from the other items and will start now. Tickets are only £5.00 each, please either email <u>msgeorge@beths.bexley.sch.uk</u> or see her in her office to get your tickets!

We have also been donated from Cheeks of Bexley, a white shirt and black bow tie which again, would be perfect for the upcoming prom. The shirt size is 15 ½ inch neck and is slim fit, but can be changed if necessary. Raffle tickets for these items are also £5.00 each and please see Ms George if you wish to try your luck!

For more information about the stall holders who will be joining us on the day, please visit our Christmas Fair page on our website:

https://www.beths.bexley.sch.uk/news/?pid=3&nid=1&storyid=127.

If you have any items that you could donate to our raffle we would be grateful. Please can you email Ms George, <u>msgeorge@beths.bexley.sch.uk</u>.

We look forward to seeing you there!



#### **Children in Need**

Drumroll please......

We raised a fabulous  $\pounds 278.26$  for Children in Need last Friday with the Sixth Form's innitive of craziest tie!









#### Arkwright Award

Kieran Wheatley, who is one of our students currently running for Head Boy, has recently been awarded an Arkwright Scholarship. This is a hugely prestigious award and these scholarships provide financial support, mentoring and enrichment opportunities to ambitious students looking to pursue a career in engineering.



Well done!

#### Sixth Form Information Evening for studernts new to the school

Thank you to all staff and students who helped out at yesterday evening's event. It ran smoothly and we hope all our visitors were impressed with Beths and are considering joining us in September.

#### London Youth Games

Congratulations to Jamie in Year 7, who took part in the London Youth Games Cross Country run at Parliament Hill on Saturday. Jamie was part of the team representing Bexley.

#### **Beths Muscians**

Beths Music students are working in Partnership with the ArtsTrain organisation to perform at this year's London Jazz Festival. Over the past 8 months, students have been working alongside ArtsTrain and a school in Bromley, developing music of their own for the Jazz Festival. All of this work is coming together for the final performances tonight and Sunday 24 November.

Tonight, students will have the opportunity to be professionally filmed to showcase the work that they have been creating. On the Sunday, we would love as many of the Beths community as possible to come and support the students who are performing at noon at the Southbank Centre as part of the Next

Generation Take Over concert. Tickets are free to this event, so come along and support Beths Musicians!

#### FREE ENTRY - MORE INFO

#### **Bexley Foodbank**

This Christmas we will be collecting items for Bexley Foodbank. Students in Year 7 and 8 are being asked to donate items to contribute to a class Christmas Hamper, which will be decorated by the form and entered into a House competition, with the most festive decorations receiving House points!

Items that are suitable for donation include non-perishable food items and toiletries such as tinned meat and fish, children's toiletries, selection boxes, mashed potato, tined or packed custard, sponge puddings, nappies, jars of coffee or small boxes of washing powder.









Please note that the hampers will be collected by the Foodbank on Wednesday 11 December, so please ensure any donations are in by Friday 6 December.

For further inforation, please speak to either Ms Amin (Head of Year 7) or Ms Takeda (Head of Year 8.)

#### Xmas jumper day for Bexley and Greenwich Hospice.

After the success of last year's Christmas jumper day, this year we will be doing again on Friday 13<sup>th</sup> December. This year, all the money donated will be going to Bexley and Greenwich Hospice.

#### **PARENTS ASSOCIATION**

Tomorrow it's the Quiz Night! Have you swatted up on your general knowledge? ...listened to the news for current events?...

Good luck to all those taking part!

Do you shop with Amazon? Would you like to help Beths Parents Association raise more funds without costing you anything more? Then it's easy. Just follow the steps below:



If you want Amazon to donate to Beths Parents Association, you need to start each shopping session at the URL <u>smile.amazon.co.uk</u>, and we will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible purchases.

AmazonSmile: You shop. Amazon gives. smile.amazon.co.uk

Any questions, please email beths.parents.association@gmail.com

#### **Emailing the School**

Should you need to email the school with items/concerns of a more 'senstive' nature, please email <u>headspa@beths.bexley.sch.uk</u> rather than the generic admin email address.

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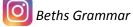
#### <u>Results</u>

FOOTBALL					
15.11.2019	ESFA U15 Elite (Round Two)	U15 v Riddlesdown Collegiate	Home	Lost 2-1	
18.11.2019	ESFA U15 Schools Cup (Round Three)	U15 v St Bonaventures	Home	Lost 0-0 (AET) 3-0 (Pens)	
	Friendly	U12 v Stone Lodge	Home	Lost 3-2	
21.11.2019	ESFA U16 Elite (Round Two)	U16 v Oasis Academy	Home	Lost 4-0	
	RUGBY				
09.11.2019	Friendly	U12A v St Olaves	Home	Lost 20-25	
	Friendly	U12B v St Olaves	Home	Lost 20 -30	
15.11.2019	Friendly	U12A v Hayes	Home	Won 40-30	
BASKETBALL					
18.11.2019	Basketball England	U16 v Northfleet	Home	Won 62-33	
19.11.2019	Kent BB	U14 v Canterbury	Home	Lost 42-61	
	Kent BB	U12 v Trinity	Away	Won – 34-13	
20.11.2019	Kent BB	U17 v Canterbury	Home	Postponed	
22.11.2019	Basketball England	U16 v Northfleet	Away	Postponed	

#### **Fixtures**

FOOTBALL				
25.11.2019	KSFA Portex Trophy (Round three)	U15 v Coopers	Away	
	N Kent	U13B v Trinity	Home	
27.11.2019	N Kent League	2 <sup>nd</sup> XI v Newstead Wood	Home	
	N Kent Premier League	1 <sup>st</sup> XI v Bexley	Home	
RUGBY				
26.11.2019	Friendly	U12A v Hurstmere	Home	
30.11.2019	Friendly	U14 v Robert Clack	Away	
	Friendly	U13 v Robert Clack	Home	

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	Friendly	U12A v Robert Clack	Home	
	Friendly	U12B v Robert Clack	Home	
BASKETBALL				
25.11.2019	Kent BB	U14 v Rainham Mark	Home	
27.11.2019	Kent BB	U15 v Trinity	Home	
28.11.2019	Kent BB	U13 v The Howard School	ТВА	

#### Up and Coming Events

23 November	PA Quiz Night
24 November	Beth's Musicians, second performace at the Londin Jazz Festival
25 November	Wellbeing Week begins
4 December	Christmas Concert
5 December	Year 12 Top Universities Information Evening
7 December	10.00-14.00 Beths Christmas Fair

#### **Students on Site**

We know that students love to spend as much time as they possibly can here at Beths Grammar. However, please can we remind parents and carers again that the school actually opens to students from 8.00am in the morning and, unless there are any pre-arranged activities, students should have *left the site by 5.00pm.* Even though there may be staff on site at these times, they are there to either prepare the school for the start of the day, or remain on site to deal with evening lettings.

When students are on site before or after they should be, we are unable to ensure their safety especially as our qualified first aiders are in school between the hours of 8.00am and 4.30pm only. This request is being made as we are unable to supervise students outside of these times and we can therefore take no responsibility for them, should they be involved in any form of accident.

#### Thinking of our neighbours and our local community

Please can we remind parents, students and staff to continue to be respectful of our neighbours and not to park across their driveways. The safety of our students continues to be our utmost priority and so we also ask that, if you are dropping off or collecting your son or daughter, you abide by the road markings and refrain from parking on zig-zags or double yellow lines.

We are aware that some parents drop students in the morning on the roundabout at the top of Bourne Road - close to Dartfordians. This is extremely dangerous - not just for other road users - but also for the students themselves. We would urge you to find a safe place to drop them off for school.

Finally, we continue to remind students to take care when queuing for buses after the school day and would ask if you could also remind your son or daughter, that would be very helpful.





