

# B E T H S G R A M M A R S C H O O L

Excellence – Community Respect - Nurture

## Week ending Friday 7 June 2019

## **Italian Cooking**

After school on Thursday, ten Year 8 students studying Italian along with three Year 10 students who just enjoy anything Italian, met to prepare two Italian dishes - bruschetta and spinach and ricotta-filled ravioli. They worked hard and fast, learning how to expertly roll pasta dough through authentic pasta machines, season like professionals, whilst sampling copious amounts of bruschetta, all to such soothing tunes as 'That's amore.' They did an excellent job and I very much enjoyed eating some of the pasta last night, so, well done boys! What shall we have on the menu next time?



For more photos of our chefs in action, check out our social media pages!

#### Ms Price

#### Tosca Trip

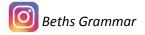
On Friday 24 May, Year 9 students, along with their teachers, visited the Royal Opera House to see Tosca.

A fantastic day was had by all who attended and you can check out our social media pages for all the photos taken on the day!











## Art Show

On Wednesday 3 July, the Art Department will be hosting their annual Art Show. This will be showcasing all the work that has been created by Art GCSE and A Level students. This show is open to the public and it would be wonderful to see you all there!

If you would like to come along and join us, the Art Show will be taking place between 6.30-8.30pm on 3 July.

## Supporting Your Child During Exam Time (Young Minds)

As we start to move into the exam season, Young Minds have launched advice for parents about supporting their children.

Tips include:

- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
- Make sure they are eating and drinking at regular intervals.
- Reassure them reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful!
- Let them know their feelings are valid and normal, but also offer support and solutions where possible.
- Anxiety is often worst at night and this means it is useful to encourage a good bedtime routine.

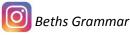
You can find out more here: <u>https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-exam-time/.</u>

#### <u>Results</u>

CRICKET					
Kent	06.06.2019	U15 v St Olaves	Away	Lost by 3 Wickets	
	06.06.2019	U14 v WGSB	Away	Won by 23 Runs	
FOOTBALL					
N Kent Semi Final	04.06.2019	U14 v Hurstmere	@ King Henry School	Postponed	







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## **Fixtures**

CRICKET					
N Kent	10.06.2019	U14 v Hurstmere	Away		
	11.06.2019	U12 v Hurstmere	Away		
		U13 v Hurstmere	Home		
	12.06.2019	1 <sup>st</sup> XI v MCC	Bexley Cricket Club		
	14.06.2019	U15 v Hurstmere	Away		
ATHLETICS					
ESAA	13.06.2019	Athletics (Junior Boys)			
FOOTBALL					
N Kent Semi Final	11.06.2019	U14 v Hurstmere	@ King Henry School		



We are looking for students to write articles for the weekly blog, whether you've been to the cinema lately and want to review a film, attended a sporting event and want to write about your experience, or even have your thoughts on equality for instance, what is your stance. Email your article to <u>msgeorge@beths.bexley.sch.uk</u> for the chance for your articles appearing in our weekly blog.

## Changes to the Blog

We are looking at ways of updating the weekly blog to make it even more reader friendly. Let us know if there is anything you would like us to start incorprating, ways that we could alter the look of the Blog or anything else you can suggest. Would you like to see more interviews with students or perhaps an end of the week quiz to get you ready for the weekend, for example? Please get in touch by emailing msgeorge@beths.bexley.sch.uk.

This blog is for you all to read and enjoy and we would love to hear your thoughts!









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## **Emailing the School**

Should you need to email the school with items/concerns of a more 'senstive' nature, please email <u>headspa@beths.bexley.sch.uk</u> rather than the generic admin email address.

## Upoming Events

GCE and GCSE Exams continue 1<sup>st</sup> VI vs MCC at Bexley Cricket Club – Wednesday 12 June Sports Day at Erith Athletics Track – Wednesday 19 June Summer Soiree – Wednesday 26 June (this is a change to the originally advertised date)

## Students on Site

A reminder that students are still arriving particularly early in the morning and staying late into the evening. The school actually opens for students at 8.00am in the morning and we would encourage all students (unless they are remaining for pre-arranged activities) to have left the site by 5.00pm.

The school is unable to ensure there is a qualified first aider on site before 8.00am in the morning and after 4.30pm in the evening. This request is being made as we are unable to supervise students outside of these times and we can therefore take no responsibility for them, should they be involved in any form of accident.

#### Safety and Courtesy

On a more serious note, we would like to remind parents, students and staff to continue to be respectful of our neighbours and not park across their driveways. The safety of our students continues to be our utmost priority and so we also ask that, if you are dropping off or collecting your son or daughter, you abide by the road markings and refrain from parking on zig-zags or double yellow lines.

We have also received a couple of calls from members of the public about parents dropping students in the morning actually on the roundabout at the top of Bourne Road – close to Dartfordians. This is obviously extremely dangerous not just for other road users, but also for the students themselves. We would urge that parents please find a safe place to drop-off their child/children for school





